



Foggy Bottom News

March 1989

Published for and by the Citizens of Foggy Bottom

Vol. 34, No. 6

Happy Easter!



Henrietta Zoltrow Elected To FBA Executive Board

The Foggy Bottom Association announced that on February 27, Henrietta Y. Zoltrow was unanimously elected to the Executive Board of the Association.

Ms. Zoltrow, a native Washingtonian, has long been involved with a wide variety of issues involving the Foggy Bottom community. She has lived in Foggy Bottom for the last 27 years and was the first resident to move into the Jefferson House.

She remembers well walking on boards which covered the floors of the apartment house and having to visit the resident manager's office to get her mail in the days before the building was completed.

In addition to her duties with the Foggy Bottom Association, Ms. Zoltrow's activities also include the D.C. Commission on Aging, the Citizens' Advisory Council of Iona House and fundraising efforts at St. Mary's Court.

Beautification is a special interest, and she is now chairing the beautification efforts for the FBA. She has met often with representatives of the D.C. Public Works Department, surveying the neighborhood, and suggesting maintenance and improvement projects.

Ms. Zoltrow has been in the insurance business in the Washington metropolitan area since 1951 following service in the Women's Army Corps and continuing education in Havana,

Cuba. After 15 years in public relations for an insurance agent, she opened her own agency specializing in all forms of insurance. She has been named "Member of the Year" by the Metropolitan Washington Association of Independent Insurance Agents.

She is also proud of being chosen, while she was in the WACs, to attend the Adjutant General School, and was the only female in the school.

Travel is another interest, and she has been on an African safari and enjoyed a cruise to China, spending time as well in Korea and Hong Kong.

The FBA Executive Board, and the other organizations in which she participates, welcome her enthusiasm and energy.

Hearing to be Held on Freeway Renovations

The latest in a long series of hearings on the Whitehurst Freeway renovation will be held on Wednesday, March 29, at Francis Junior High School, 2425 N Street, N.W., at 7:30 p.m.

At this hearing, according to The Washington Post, city of-

ficials will discuss their "final" plans for work on the freeway. Reportedly they will allocate about \$47 million dollars to eliminate several ramps, install lights, widen it and include shoulders on each side, and paint the entire structure.

GWU Sets April Inauguration

Stephen Joel Trachtenberg will be inaugurated as the 15th president of The George Washington University on Sunday, April 16, 1989.

The ceremony will begin at 1:30 p.m. in the Charles E. Smith Center (600 22nd St., N.W.) and will be followed by an open reception in the Marvin Center. Prior to the inauguration there will be a special pre-inaugural gala at 9 p.m. on April 15 at the Marvin Center.

The April celebration coincides with the 200th anniversary

of the inauguration of George Washington, America's founding father and the University's namesake. Washington was inaugurated in New York in April 1789.

George Washington University alumni also will return to the campus on April 14-15 for Alumni Reunion Weekend. The reunion schedule includes special activities on April 14 for alumni celebrating their 5, 10, 25 and 50-year reunions and a series of Alumni College lectures on April 15.

MEETING Foggy Bottom Association

8:00 P.M. Monday
March 27, 1989

St. Paul's Parish House
2430 K Street, N.W.

Kennedy Center Presents Arts Festival for Children

The Kennedy Center IMAGINATION CELEBRATION is a month-long arts festival celebrating young people and the arts. It is presented by the Education Department through its Program for Children and Youth (PCY) and the National Symphony Orchestra Education Program.

This year the number of IMAGINATION CELEBRATION performances at the Center has tripled. There will be

more than 60 public performances and 30 performances for school groups presented throughout the building. The Family Party, the social event of the season for 3 through 12-year-olds and their families, will be held on Friday, April 7. *Winnie-the-Pooh* begins at 7 p.m. in the Terrace Theater, and the party follows in the Kennedy Center Atrium. The party will include entertainment, special guests, activities,

a chance to meet the cast, and favors for everyone.

All programs are approximately one hour in length and are recommended for school-age children and their families. *Winnie-the-Pooh* and *The Velveteen Rabbit* are appropriate for pre-school age children as well.

The Kennedy Center's 1989 IMAGINATION CELEBRATION public performance schedule includes a large variety of events all during April. For more information on events, times and prices (some are free), call 254-3600.

American Textile Programs At DAR Museum

American Textile Identification Clinics will be held at the DAR Museum the last Wednesday of each month from 12 to 2 p.m. Curators will give the date and possible origin as well as advise on the care of quilts, coverlets, needlework and costume; no monetary appraisals will be offered. The cost per object is \$5.

Quilt Workshops continue to

take place on Thursday mornings from 10:15 to 11:45 a.m. A selection of approximately 256 early American quilts are shown, chosen from the Museum's holdings. The workshop fee is \$8.

Reservations are required for both the American Textile Identification Clinic and Quilt Workshop. Please call 202-879-3241. Pre-payment by check is preferred. The Museum is at 1776 D Street, N.W.

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March 1989

Volume 34, No. 6

Foggy Bottom News

The *Foggy Bottom News* is a publication of the Foggy Bottom Association. All editorial assistance is contributed on a volunteer basis by residents of the area.

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All announcements, letters, articles are welcome but must be typed double spaced. Please include an evening phone number. Send to:

FOGGY BOTTOM NEWS
c/o o West End Library
24th & L Streets, N.W.
Washington, D.C. 20037

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Crime Report & Prevention

by Lawrence G. Myslewski

Do We Have Enough Police Officers?

Crime prevention requires our active involvement through awareness of criminal activity in our neighborhood and through preventive actions. The Police Department also has to provide adequate support and presence in order to keep our community safe.

With crime on the rise in our city, it is appropriate to ask whether or not we have enough police officers. The Mayor, in his proposed fiscal year 1990 budget, has not requested any additional staff for the Police Department.

We Have Had More City Government But Fewer Police

There is one non-police city employee for approximately every 14 citizens. However, there is only one member of the police force for approximately every 160 citizens. This suggests that the city places greater emphasis on creating administrative jobs and less emphasis on providing police protection services.

While the Police Department has been reduced since the 1970's, the overall city government work force has grown during the same time period. With the projected police retirements within the next few years and no additional officers, the prospect for additional police protection is grim.



More Neighborhood Watch and Police Protection is Needed

Most of these crimes occurred in public spaces where more eyes of the neighborhood and the presence of additional police officers might have helped prevent some of these crimes.

In our ongoing effort to make the Foggy Bottom community a safer and more enjoyable place to live, work, and play, our active participation in programs such as Neighborhood Watch becomes more important as the prospect of additional police protection fades.

February Crime Activity

The following crime activity in and around Foggy Bottom residential areas was reported:

Burglaries In Homes

1/31-2/1	1010 23rd St.
2/8	2475 Va. Ave.
2/15-2/19	1099 22nd St.
2/20-2/21	2430 K St. Rear
2/27	2400 Va. Ave.

Simple Assaults

No simple assaults reported

Robberies In Public Places

2/7	2125 E St.
2/8	2424 Pa. Ave.
2/6	2515 K St.
2/10	2300 I St.
2/11	2101 Pa. Ave.
2/12	800 Blk. 25th St.
2/12	2400 Va. Ave.
2/14	800 25th St.
2/14	801 N. Hampshire Ave.
2/16	2515 K St.
2/17	825 N. Hampshire Ave.
2/18	800 25th St.
2/23	25th & Va. Ave.
2/25	924 25th St.
2/27	600 N. Hampshire Ave.

Automobile

- 13 cars stolen from streets and parking garages and lots
- 13 thefts of property from parked cars on streets
- 4 thefts of property from parked cars in garages and lots

In addition, there were 14 thefts in local hotel rooms, 19 thefts from offices, and 11 thefts in and around the G.W.U. campus.

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We Get Letters

To: Kirsten Olsen

We would like to express our deep appreciation and gratitude for the interest that you have taken in the West End Apartments' battle with the George Washington University. Your coverage of our attempt to save our homes has made a terrific difference in the building, in the neighborhood, and in the D.C. community as a whole. GWU would like nothing better than to see the West End issue swept under the rug; because of your coverage, and that expressed by the Council of the District of Columbia, this hasn't happened. It goes without saying that we are extremely grateful.

In the months ahead, the West End fight will reach some kind of conclusion . . . for better or for worse. We hope that you will stick with us in this trying period, and that we will have an opportunity to invite you to a "victory celebration" when it is all over. In the meantime, it's all uphill.

Thank you again for covering the West End. Your continued interest means a great deal to us.
Sincerely,

WEST END TENANTS ASSOCIATION

Larry Miller, Co-Chair
Marianna Moore, Co-Chair
David Hamod, Vice President

Dear Editor:

I wept and wept when I read about the happy customer "who bought the painting in the window of the Watergate Gallery of the street cats in France."

The (name of the) artist, who happens to be little old me, a longtime resident of Foggy Bottom, was (omitted) in the excitement.

C'est la vie! To the Bastille, mes amis!

Sincerely,

Jacqueline Cooper

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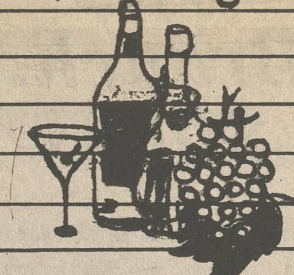
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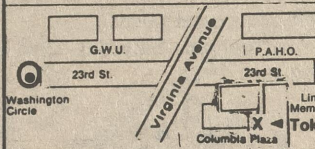
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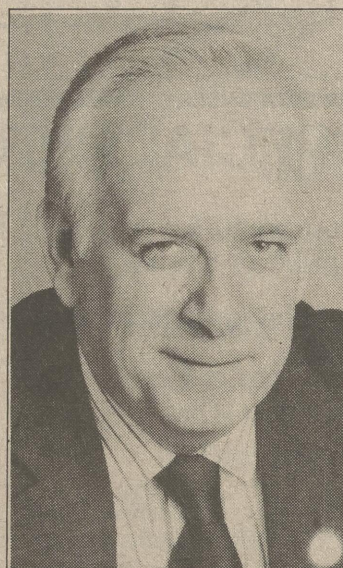
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Puddin's Paw Prints

Baby Dog Clyde, brown and white Shih Tzu belonging to Rebecca Prather, moved recently into a Foggy Bottom townhouse where he is on guard all day while she teaches English at Jefferson Junior High right in the middle of the District. The Shih Tzu was a personal pet of the breeder when Prather chose him, but the original owner's work schedule became more complicated and she began to look for a new home for Clyde. Prather in turn just couldn't bring herself to call a little bundle of joy Clyde, and began calling him Baby Dog, then adding Clyde as his last name rather than his first. Baby Dog is now 8 years old and is delighted to be in the same townhouse as Ichiban, who is brown and white too, and is owned by Mary Jasnoski, a Doctor of Psychology at George Washington University.

Murphy, a silver tabby cat, has taken up residence in the townhouse that reportedly

belongs to his masters, Mr. and Mrs. Charles Puffenbarger. But you know how cats always seem to be in charge of the situation; it's as if you live with the cat rather than the other way around.

A new friend of mine is Figaro, who used to be called Ralph, but was anointed the new name when he came to Foggy Bottom to live a few months ago. He is a male with



long, long fur of black, white, silver and brown and as you can see is handsome, weighing in at 15 pounds. Most of his weight is due to his constant hunger, I am told, for everything that has cat written on it. He loves his scratching post and the kitchen because that is where he is fed constantly.

Nutmeg became a first-time mother January 19 at the home of her owner, Becky Pugh. With Pugh's assistance and a good book on Corgi's, she delivered

six pups: Jelly Bean who will remain with her mother; Maggi and Fergi, who will live in Old Town Alexandria; Pumpkin will become a resident of DC; and Beatrice will be moving to Falls Church. As we go to press Senator is still looking for a new home. The pups were delivered to their new homes on St. Patrick's Day. When I saw Nutmeg recently she looked better than ever; as they say ... Motherhood definitely agrees with her.

Miss Kitty, the grey-bodied, white-chested cat of Lawrence G. Myslewski (who writes the crime report column in the

Foggy Bottom News) holds court at their address on 25th Street. Miss Kitty has plenty of space to roam around since she only shares space with Larry. When the neighbors look in on Miss Kitty when her owner is out of the city, she is quite stand-offish the first day, then a bit more gregarious the second one and by the third day without human companionship she is most demonstrative, desiring lots and lots of affection.



Adults Learn Something New!

Never Too Old To Learn (NTOTL) is a new free program for people sixty and over who want to improve their reading and mathematical skills in a relaxed and informal environment. Members usually work in small groups with tutors who get to know each participant personally. One person already in the program finds it convenient, adding, "I've led a busy life and now that I have a little more time I really do enjoy learn-

ing as much as I can." The program, which is funded by the D.C. Office of Aging and coordinated by Iona House Senior Services, will meet three times a week starting April 4th from 10:00 a.m. to 12:00 noon at St. Mary's Court, 725 24th Street, N.W. Those interested in this opportunity can call Reed Dewey, the Iona House NTOTL Coordinator, at 966-1055.

St. Mary's Court to Celebrate Tenth Anniversary

St. Mary's Court announced that on May 21, 1989, it plans an outdoor community celebration to recognize its ten years in the Foggy Bottom community.

The event will include speakers from organizations having an interest in housing for the elderly generally and St.

Mary's Court in particular. There will be refreshments, music and entertainment similar to the event that opened St. Mary's Court in the spring of 1979.

Further details of the celebration will appear in the next edition of the *Foggy Bottom News*.

Follow-up on Trash Pickup Article

Last month's article about the plans for increased enforcement of the D.C. regulations on trash pickups suggested "heavy green or brown bags, such as those used for lawn grass."

Color should not be the criterion for adequate trash bags; look for those of any color which are at least one mil in thickness.

There are already reports that fines have been levied in a couple of instances, so take the information in last month's issue to heart, and avoid fines.

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From By-Gone

Days★

The Rambler

... Has a Popover

By John McKelway

Soon, now, there will be no trace of it left — the old Foggy Bottom.

The Rambler returned there the other day and found he had difficulty remembering what the old Heurich Brewery looked like, as well as Riverside Stadium. There were some great hockey games played there in the early 1940s.

The statute of William Jennings Bryan has long since departed, to make way for the approaches to the Roosevelt Bridge, and now, of course, the memorial to those who went down on the Titanic has been boxed up as the re-routing of the Rock Creek Parkway begins.

There is no sign of a car wash or the former site of the Wax Museum or a famous old Washington bar, Pete Dailey's. A billy goat was a regular customer there.

But a small island remains, in the midst of dump trucks and barricades and trench digging machines.

The last survivors include the Arlington-Clagget Memorial Co. and a famous Washington restaurant, the Water Gate Inn.

FITTINGLY, PERHAPS, tombstones stand outside the

inn, much beloved since 1942 for its popovers and Pennsylvania Dutch food.

The inn is still very much in operation, but it expects to serve its last customer on the evening of May 31.

Eventually, it will be wiped away and in the area will rise the John F. Kennedy Center for the Performing Arts.

Plans for a new restaurant are still very much up in the air, and the Rambler decided it might be wise to pick himself up a hot popover while there was still time.

Fortunately, he was able to have lunch with Mrs. Marjory Hendricks, the owner.

Mrs. Hendricks, a grandmother with cool, blue eyes, an obvious veteran of many a crisis in the restaurant business, admits she is bitter after various transactions that wound up with the government condemning the land the restaurant is on.

She feels she established something at the Water Gate worth saving. "Imagine," she said looking over the rooms tastefully decorated with bits of Americana, "its been condemned."

The popovers arrived, and they were light and tasty and hot enough to soak up the butter. The Rambler gathered that over the years Mrs. Hendricks had grown just a trifle tired of the popover trademark.

Her story is interesting. She

is from Seattle, Wash. Her sister, Genevieve, is a well-known interior decorator, and the one chiefly responsible for building atmosphere into the two restaurants once operated by Mrs. Hendricks. The other is Normandy Farm out near Potomac, Md., which she sold in the late 1950s.

Mrs. Hendricks held several government jobs here editing publications.

In the late 1920s, she found herself headed to Reno, Nev. A friend packed her off with a cook book. Up until then, she recalls, "I knew nothing about cooking and cared less."

Established in Reno — although at one point she was down to her last \$5 — she opened a tea house in an old barn and handled most of the operations herself.

A year later, she sold the restaurant and went off to France to learn French cooking.

In 1932 she spotted Normandy Farm, formerly a country club that had fallen on bad times, and she was again in the restaurant business.

She had a French chef. One evening she discovered him jumping up and down on the familiar hat. He had been preparing "brioche," a type of French bread, when someone had bumped into him. Something had spilled, and he had gone to pieces. As a diversion, Mrs. Hendricks suggested he

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on those bricks," said Mrs. Hendricks.

The Rambler left and noticed a sign, "Water Gate Inn is Open."

And it is — for a while yet, anyway.

(Reprinted from the Washington Star, February 22, 1976.)

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Bargains Galore At St. Stephen's Bazaar

by John W. Bobbitt

A bazaar will be held at St. Stephen Martyr Church on Saturday, April 8, from 10:00 am till 6:00 pm and on Sunday, April 9, from 10:00 am till 2:00 pm. This bazaar has a good reputation for bargains donated by an affluent neighborhood with citizens who are constantly sorting out their possessions because they are frequently moving from one place to another.

A special treat at this bazaar is the array of baked goods that are offered. People of Irish, Polish, Scottish, and German ancestry are known for their skill in making delicious cakes. This year we will feature a very unusual chocolate cake made by Dan McKenzie. Dan has given us the recipe for his delicious chocolate cake and the recipe will also be sold at the bazaar. An effort will be made to have cakes (whole, half and slices) available for both days of the bazaar.

Proceeds from the bazaar will be used to relocate the console of our very fine organ and to do

some other necessary minor repairs.

Father Sheehan, pastor of St. Stephen's, would like for the community to know that all citizens of Foggy Bottom are welcome to contribute to the bazaar and to participate in the bargains and social activity of the event.

Marie Kirby is chairing the bazaar committee. She is a delightful and fun-loving person to know. If you have any questions before or during the bazaar, please call her at 293-1426. You may leave a message on her answering machine if she is not at home.

The bazaar will be held in the parish hall with an entrance on 25th Street between Pennsylvania Avenue and K Street. Parking is available at 24th and Pennsylvania Avenue and of course the church is located less than three blocks from the Foggy Bottom Metro stop.

This is a community affair and we will do our best to make everyone welcome and your visit enjoyable.

Plants To Please

IT'S SPRING and time to make some choices of greenery for your home. Some of the ones I would recommend are the Dieffenbachia, Weeping Fig, Mother-in-Law Tongue, Philodendron, African Violets and Cacti. These all will give you a feeling of outdoors, but adapt well to the indoors, without being tiresome to take care of.

The Dieffenbachia does not tolerate drafts very well and they need a temperature above 60 degrees and only medium light. The Weeping Fig grows easily in most home conditions with medium to bright light, while the Mother-in-Law Tongue will easily adapt to anything but darkness. This plant is on your must list if you've killed every plant you have ever had. It is almost indestructible.

Philodendrons will grow well in low light but don't confuse low light with no light at all. And African Violets grow in an east or north window with a temperature of 65 to 75 degrees beautifully. But be sure not to overwater . . . just keep them moist but not constantly wet.

Cacti grow well in bright light in south windows. Use a porous sandy potting soil and water only when dry.

In fact more plants have been killed by overwatering than underwatering. Be sure to dig your



finger down into the soil before offering it a drink. Just don't touch the surface. If the soil is damp about a finger digit down wait until it's dry that far down again to water.

It's amazing how much you'll begin to enjoy plants as accessories in your home atmosphere. They really do bring something special to your decor.

Begin or add to with one or two of these choices and as you go along make another choice or two. You might even want to make a cacti garden, choosing small ones and placing them in an elongated basket or glass con-

tainer to show them off. They bloom, you know, and make excellent conversation pieces since there are so many varieties of them. Or do the same with African Violets, choosing the different colors and variations of colors that will delight you. Instead of going for all large plants enjoying greenery on a diminutive scale always pleases, and then if one or two wither away, you can just insert another in their place, so that the show goes on. Group them together in a flower basket or trays. Be sure to check on them weekly, though; none of us thrive on absolutely no attention. But all of these choices don't need constant concern so you can still jog or walk to window shop at 2000 Pennsylvania Mall, read The Foggy Bottom News or a science fiction book from Moonstone Bookcellar, meet your friends for brunch, lunch or dinner at Le Jardin, Donatello's, The Garden Cafe at The State Plaza Hotel, or California Grille on Pennsylvania Avenue, and still be alert to hear the piano tunes of Burnett Thompson at The West End Cafe at One Washington Circle on Tuesdays through Saturdays.

—Betty Olsen

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Next Issue:
April 21st

DEADLINES:

Typeset - 4/9
Camera Ready — 4/14

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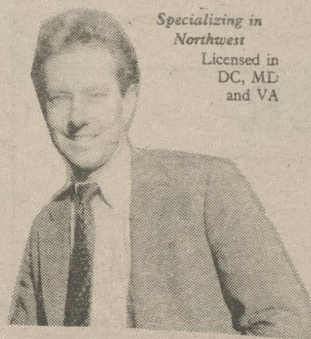
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Sidewalk Talk

By Betty Olsen



Approximately 50 members and guests were present at the Foggy Bottom Association meeting in February at St. Paul's Parish. Among those present were **Charlie Clapp**, **Isabella Geppert**, **Elayne De Vito**, **Marianna Moore**, **Philip Stockslager**, **Mary and Bob Brewster**, **Milton Carrow**, **Jen-**

nie Lazowski, **Edith Poetzshoote**, and **T. Van Emmerick**.

Suzanne Ganschinietz, architectural historian of the D.C. Historic Preservation Office for 17 years, was the guest speaker on the historic preservation of Foggy Bottom. A map is enclosed in column in case you aren't familiar with it.

Laugh of the evening was during discussion of the penalty for improper packaging of trash for curbside pick up on Tuesdays and Fridays . . . a member asked what kind of bag to buy and the answer came . . . "just say Gucci."

Coffee and tea are served before and after the meetings, so that you can socialize and keep up to date on our neighborhood.

How about making the members present at the FBA meeting in March swell to 75?

Mike Stevenson praised the Foggy Bottom News the other day when I saw him on a co-op elevator. Thanks Mike . . . we love to print good things about the News . . . so here 'tis!

Christine is the name that **Claudia Pfeffer** of The Watergate Salon chose cherishingly for her baby girl born recently.

Interesting note: **Maryland Huleigh** who works at the Heritage Foundation on the Hill was named Maryland because both of her parents were born in the state. So shouldn't you be named "Maryland, Maryland" Huleigh then?

A blonde blue-eyed boy named **Grant** is the new son of **Debbie Cahill** and **Bill Zelinka**. He was born on February 7 weighing in at 9 lbs. and one ounce. Notice the BIG blue bow on their door announcing the BIG bouncing boy's arrival when you pass their Eye Street address.

Goodbyes to: **Jack Johnson** of Westminster Court who will be

residing in the BIG D; **Ken Wiseman** who is also moving from that address; and **Suzanne Rosenkranz** who is to be married in the near future and is planning a move to the Big Apple; **Dario Davies** who has purchased a home and some land in Virginia which he is going to develop; and **Dr. Marwa Adi** with Group Health who is moving into a new home on Reservoir Road.

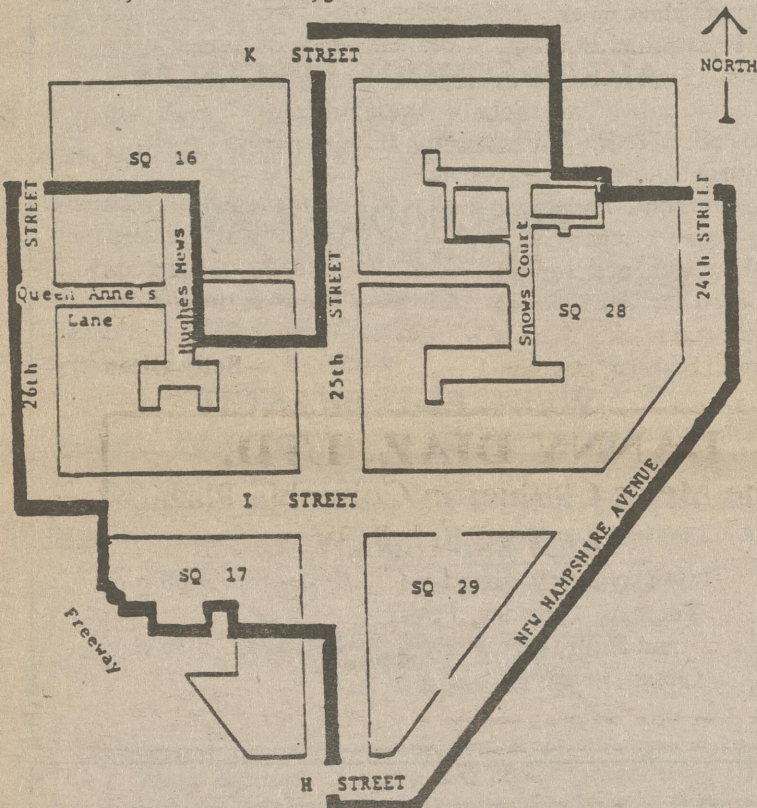
Hellos to: **Kay Louise Moss** who has purchased at the Westminster Court; **Gary Griffith** who has signed the papers for 2501 M Street; and **Mike Hammer**, and his soon-to-be-wife **Margaret**, who have decided on the Gibson as their first home.

We heard that Eye Street's

Ronnie Melnick has recuperated well from some surgery earlier this year. Her recovery was helped by the visit of her mother, down from New York City, to provide some extra TLC.

It's kind of old news now, but Eye Street's **Pat Patterson** recently retired, closing his very specialized direct-mail business. He seems to be enjoying it, and has grown a handsome beard — looks very distinguished.

Have you seen the new street signs at 24th, New Hampshire & Eye Streets? They are handsome indeed, and very welcome. Signs like these must be in great demand, evidenced by a long waiting period. The first monthly call asking for them was in July, 1988!



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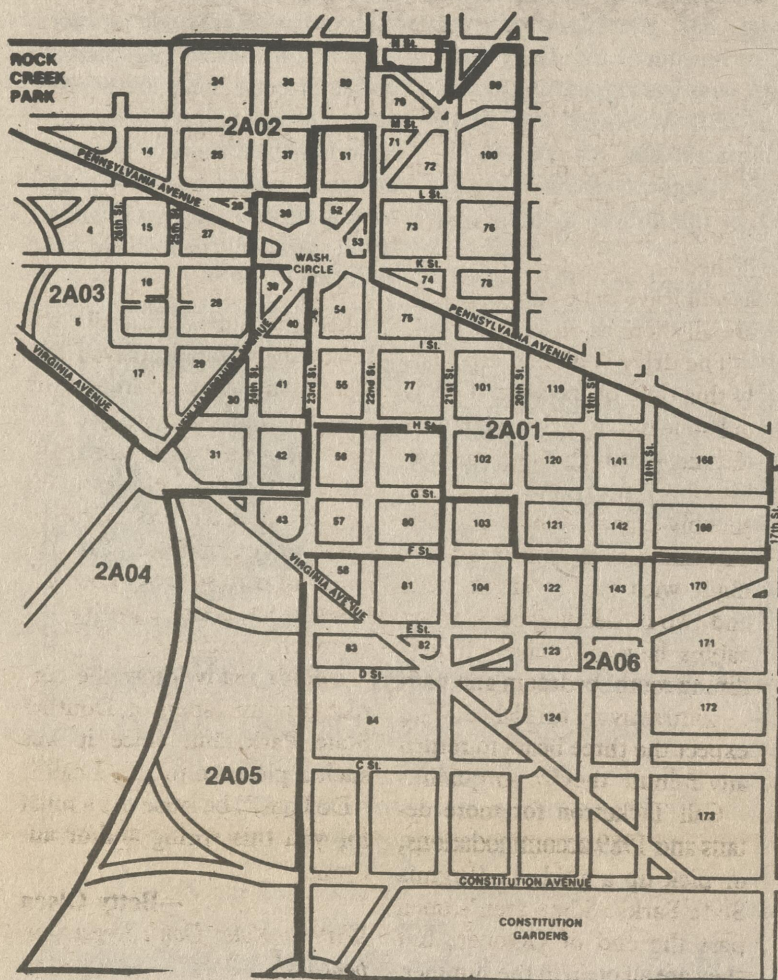
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2401 H Street, N.W.

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G.W. Unveils DC Collection

The George Washington University is unveiling "Collections DC," a computerized database which stores information about Washington's extensive historical and cultural resources. The project is designed to make the city's resources more accessible to the public.

"Collections DC" will be located at the Gelman Library Special Collections (2130 H St., NW). Special Collections, located on the second floor of Gelman Library, is open to the public from 9 a.m. to 5 p.m. Monday through Friday and from 9 a.m. to 8 p.m. on Thursday.

Visitors can access information in the computer by requesting specific historical subjects, artifacts or names of key individuals, or by requesting information about the collections of specific local institutions. More than 700 collection descriptions from 200 institutions have been compiled and additional information will be regularly entered into the database.

The first of its kind in the nation, this computer database was established through a grant from the U.S. Department of Education. The Martin Luther King Jr. Library and the Columbia Historical Society also are expected to permanently house the database within the next several months.

For more information call the Gelman Library at 994-7549.



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Neighborhood Datebook

Monday, March 27: Foggy Bottom Association Meeting, St. Paul's Parish, 2430 K Street, N.W., 8:00 p.m.

Wednesday, March 29: Hearing on Whitehurst Freeway, Francis Junior High School, 2425 N Street, N.W., 7:30 p.m.

Thursday-Saturday, March 30-April 1: Spring Dance Production, presented by GWU Department of Theatre and Dance, featuring choreography by Sara Pearson of New York City, and directed by Maida Withers, GWU professor of dance. Marvin Center Theatre, 800 21st Street, N.W. \$6/general admission; \$3/students & senior citizens. 8:00 p.m.

Saturday, April 1: Concert, National Muscial Arts, National Academy of Sciences, 21st & C Streets, N.W. Music by George Antheil, Alan Shawn and Gabriel Faure. 8:00 p.m. Free.

Tuesday, April 4: Concert, The University Singers, GWU choral group. Music by Heinrich Schuetz, John Rutter, Randall Thompson and Franz Schubert. 8:00 p.m., location to be announced. Free.

Sunday, April 9: Concert, Jubilate, Eight-Voice Ensemble in program of German and English choral music. The

A state park in Virginia, Douthat State Park, reached by going west on 66, south on 81, then at Clifton Forge west onto 64, is a must this spring or autumn.

The log cabins, to rent, are charming; they were built during CCC days under Roosevelt and remain more charming than ever today with a little bit of age on them. There are also stucco bungalows with screened-in

United Church, 20th & G Streets, N.W., 6:00 p.m. Free.

Saturday, April 15: Concert, New Music Consort, National Academy of Sciences, 21st & C Streets, N.W. Music by George Crumb, John Cage, Elliott Carter, Charles Ives and Aaron Copland. Pre-Concert Discussion, 7:00 p.m.; concert, 8:00 p.m. Free.

Monday, April 17: Recital, violin and piano, by George Stein, professor emeritus of

porches. The log cabins have open porches.

Here and there are playing fields, hiking trails, a large lake for boating, fishing and/or camping and the AIR is the way God intended it to be — sooooo sweet.

Fireplaces with stacked firewood await you if you get chilly and are the only means of heating the rustic cabins.

The only things you need to take with you are personal items and your food, lots of it, because

music, and Francis Conlon, adjunct assistant professor of music at GWU. Works by Ravel, Brahms, Copland and Beethoven, Marvin Center Theatre, 800 21st Street, N.W., 8:00 p.m.

Sunday, April 23: Concert, GWU Community Orchestra, conducted by William Wright, assistant professorial lecturer in music. Marvin Center Theatre, 800 21st Street, N.W. 8:00 p.m. Free.

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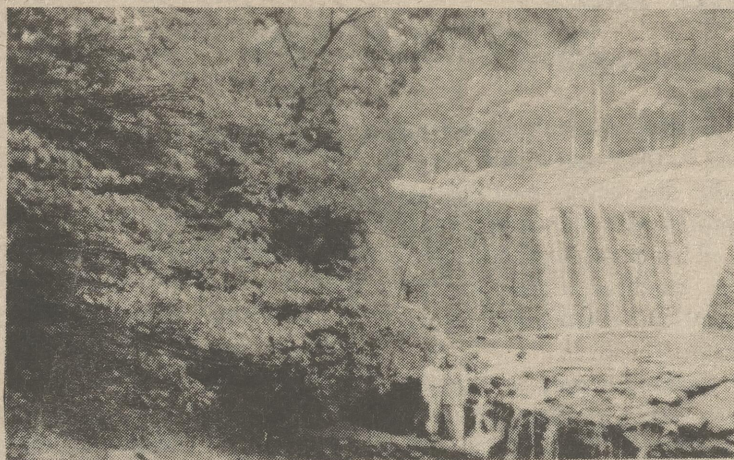
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all the activity and good fresh air makes you hungry. Everything else awaits your pleasure, even wash cloths and a can opener. The kitchen is completely furnished and you check the items as you leave to be sure that they are all there as on your arrival.

The drive is divine, especially this time of the year. This is only one of the parks in our area that have campgrounds and cabins for rent. And most are reasonably priced. Our cabin last autumn to sleep four was \$22 a night with two in single beds and two in sleeping bags. Most cabins have a kitchen, living/dining room, bedroom and bath . . . attractively furnished. You expect the three bears to return any minute they're so quaint.

Call Ticketron for more details and 1989 accommodations, or pick up a guide to Virginia State Parks. Some aren't open past the end of October, but they are all open in the summer.

I just like the early part of the spring season or late autumn when you feel like the Park is your own before and after their peak with other pleasure seekers.

We played softball, volleyball, hiked the numerous trails, sat beside the waterfall, played Trivial Pursuit as we sat around the fire at night roasting marshmallows for our s'mores (remember the Scouts?) and before and after all our endeavors of enjoyment we ate and ate. You can come up with so many good excuses to eat, because you've had so much exercise.

I don't really know the correct pronunciation of Douthat State Park, but since it was such a pleasure to me, I call it "DoThat," because it's a must for you this spring and/or autumn.

—Betty Olsen

Writer's Note: Don't forget your ponchos!



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Biz Buzz

By Betty Olsen

Debbie DuSault is now billing for the Foggy Bottom News' ads. She began handling the figures with the March issue. Call her at the number listed in the masthead if there are any questions about your ad payments.

Cathy Labate, new pediatric dentist at Watergate Dental Suites, is practicing with Dr. Donald Kreuzer and Dr. Bernard Kirshbaum. Dr. Labate took her undergraduate degree in nutrition at Ohio State University, and attended dental school there also. Wanting to specialize in pediatric dentistry, she then attended Children's Hospital in D.C. Her specialty

covers children of three to young adults of 35.

After schooling before she settled into her practice she indulged herself in her other love . . . traveling . . . going way up there, to Nantucket, then way down there to Key West. Stopping places she also enjoyed traveling to during this time were Tahiti, London, Mexico, Canada, San Francisco and even spent some time in a kibbutz in Israel to take in some of her mother's heritage.

Labate is originally from Cleveland, Ohio, and resides in Bethesda, at present, but is working her residences toward Foggy Bottom. Look for her at her Watergate office, or on her Moto Becane French bicycle, because when the weather permits she bikes for an hour into our area from Bethesda down Rock Creek Parkway.

Hear Ye, hear Ye, Milos has been inviting Columbian College Alumni and upperclass students for fellowship and camaraderie and pizza to their spot on Pennsylvania every third Wednesday.

If you fall into one of these

categories but have missed it your last chance is April 19 from 5-7 p.m. The invitation is sponsored by the Columbian College Alumni Association.

Stop in Video Channel at Watergate and see yourself on Visitel (visual telephone display). What a way to visit long distance. It's in black and white and really is something to see, and be seen, so do it!

Have you visited the greenery shop at Safeway? And if you thought you were pampered how about those plants? They'll fit right into large or small places in our abodes in Foggy Bottom. And if not plants, how about cut flowers for yourself or someone else? None of us can be pampered too much along with the plants and flowers.

Ciao Gourmet Market at 2000 Pennsylvania has for 59 cents "It's A Boy" or "It's A Girl" chocolate cigars. They also carry Lindt milk chocolate thins or sweet bouquets of multi-pastel lollipops in tulip shapes. Or how about remembering someone sweetly with a creme de menthe or amaretto cake? See the gourmet coffee sampler packaged in

burlap to mail to friends just to say you're thinking about them. It's a fun place to stop for salads from tossed to crab meat.

Ken Frank is winding down his realty endeavors at Dale Denton and gearing up at Tutt Company in construction development. Right now his work is on the Tuscaloosa in Adams Morgan. The transition is taking place . . . as we write.

Take a walk down to Washington Harbor and stop at Artie's Harbour Deli Cafe and order The Foggy Bottom (ham and swiss cheese with a house dressing). Lots of other sandwiches, salads, pizza, soups, stews, chili, quiches and knishes. Free delivery, too.

Spring is here for sure, at least at **Collette of the Watergate**. On Saturday, March 25, the public is invited to preview the latest Gottex swimwear from 11:00 a.m. to 4:00 p.m. Included will be informal modeling, refreshments and an opportunity to meet **Bobby Mott** from Gottex.

Phobia - Phobia — Who has a phobia?

The National Institute of Mental Health has published a 40-page booklet, "Useful Information On Phobias and Panic," which is one of the most helpful, practicable and informative sources on the subject. For a free copy, send your name and address to the Consumer Information Center, Dept. 64, Pueblo, Colo. 81009.

The publication contains an extensive list of fears many people have, such as decidophobia (fear of making decisions), technophobia (fear of technology), sciophobia (fear of shadows), tropophobia (fear of moving or making changes) and pyrophobia (fear of fire). Some of the above are easily treated. Fortunately, children may outgrow their phobias, but alas, adults usually don't unless treatment is received. Send for the booklet. You'll find it both interesting and educational.



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With a salad and a glass of wine or beer it is also perfect for a light supper.

Reuben Quiche

Pastry for one deep dish, nine-inch dish

1/2 lb. corned beef, very thinly sliced

1-1/2 c. grated Swiss cheese

1-1/2 c. sauerkraut, rinsed and drained

1 T. flour

2 eggs

1 c. light cream

Fresh ground pepper

Fit the pie crust into your quiche dish, prick the bottom

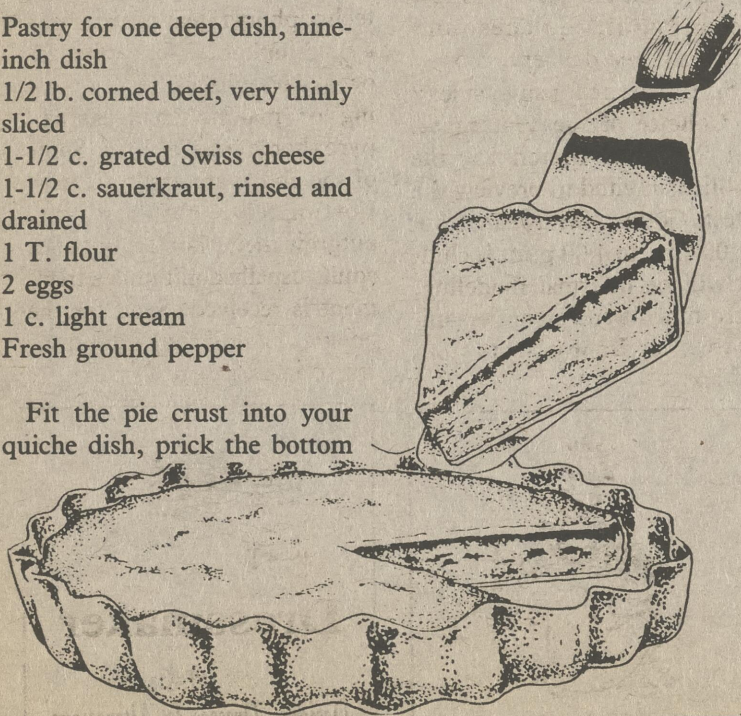
with a fork and prebake in a 425 degree oven for about five minutes. Reduce the oven to 325 degrees.

Layer the corned beef, cheese, and sauerkraut, and sprinkle with pepper.

Whisk together the remaining ingredients. Don't beat the eggs too thoroughly; let some streaks of yellow show. Pour into the shell, and bake for 30 to 40 minutes, until the center is set. Let it stand before serving.

Serves six.

—Betty Olsen



ANC Highlights

February 14, 1989

1) **Presentation of Certificate of Need Application - The Psychiatric Institute of Washington, DC.** The Psychiatric Institute is applying for approval to renovate its facility at 2141 K Street. The present facility, operating since 1966, has 71 beds and utilizes leased space on the eighth and ninth floors. While most of the current cases involve substance abuse, the renovated unit will serve patients with both psychiatric and substance abuse problems with an average stay of 25-30 days. Approximately \$2 million will be spent on renovations, some of which will further restrict patient movement. The modified facility will have only 34 beds. A Certificate of Need Application is required by the DC State Health Planning Agency prior to any changes. The ANC has a statutory role in the review process and can make recommendations concerning the proposed changes. The ANC unanimously approved a motion to support the application.

2) **School Without Walls Update.** Commissioner Palco met with residents who live near the School Without Walls regarding complaints about how the school's parking lot is being used. The parking lot was given to the school as a recreation area but allegedly has been the site of illegal and/or improper activities such as selling drugs. In his meeting with the residents, Commissioner Palco proposed to send a letter to John Wilson complaining about the situation. The letter will be finalized and sent in the near future.

3) **Proposed Office Building at 2101 Pennsylvania Avenue, NW.** A presentation was made before the ANC of a proposed office building which would have a theater for movies and

other live productions. The management of the old Circle Theater would run the new theater. The proposed office would have entrances on both K Street and Pennsylvania Avenue and there would be an arcade with shops on the first floor. The owners have requested increased FAR as a prerequisite to building the site. Although no further action was taken by the ANC at this time, the Zoning Commission is expected to rule on the PUD in April or May.

NEXT ANC MEETING

Tuesday, April 11

Red Cross Building
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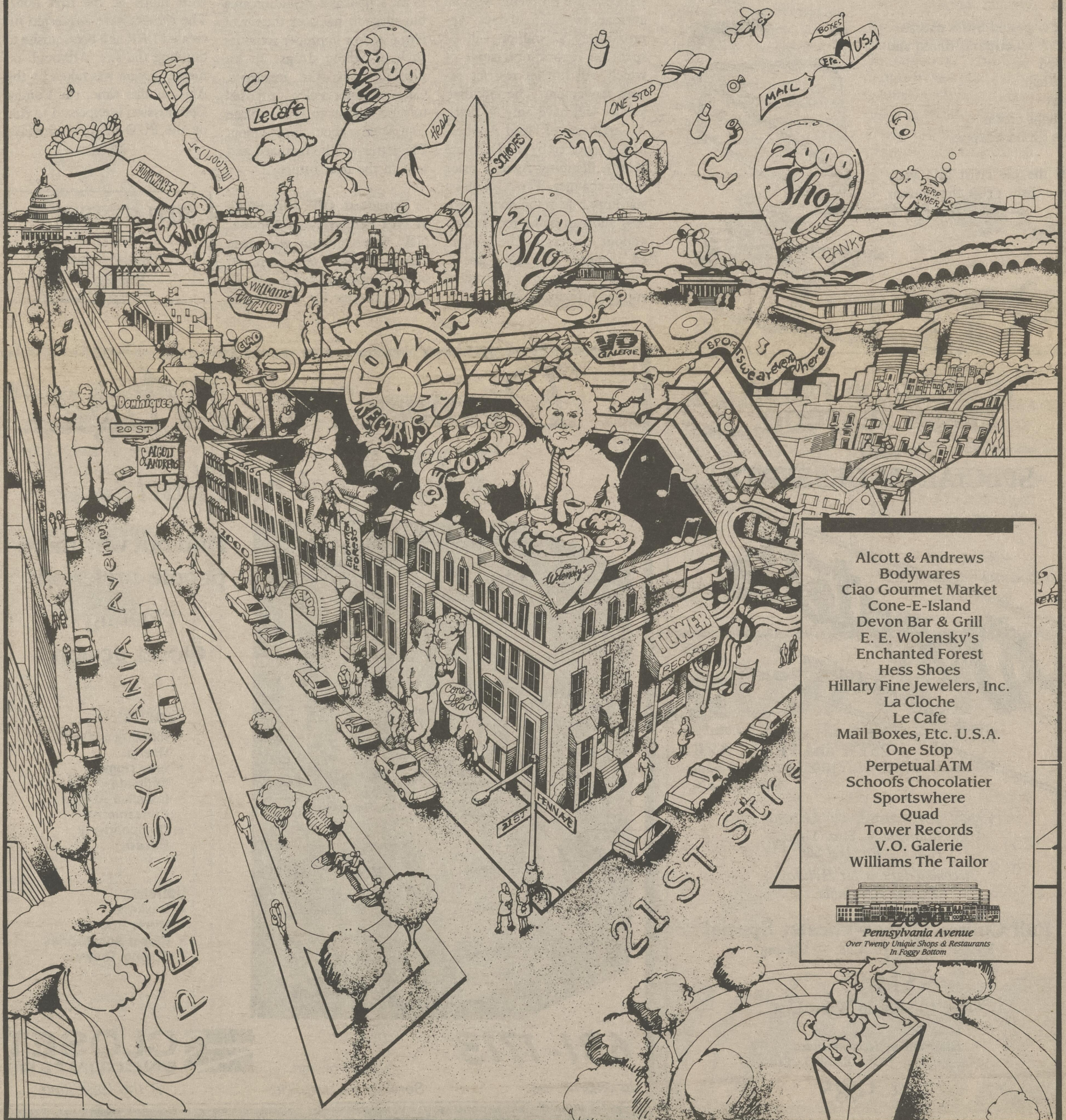
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